

Monastic Meditation Retreat Four Foundations of Mindfulness

with

Venerable Ajahn Thanasanti

April 30 - May 6, 2010

Sponsored by Awakening Truth

Awakening Truth is a religious non-profit run by volunteers
in support of Ajahn Thanasanti's vision.

www.awakeningtruth.org

This retreat is suitable for both new and experienced students.

Begins: Friday ~ April 30th ~ Check in 4—5:45 PM ~ Supper 6 PM

Concludes: Thursday ~ May 6th 3 pm

Location: Sunrise Ranch; Loveland, CO; www.sunranch.org

Transportation is available from the Denver International Airport.



Ajahn Thanasanti has meditated for 30 years and has been a Buddhist nun for almost two decades, teaching intensive retreats internationally since 1996.

Her interests include awakening compassion, finding skillful means to embrace the whole human condition and resting in awareness.

She is currently based in Colorado, planning on moving to California in order to pursue her vision of monastic and lay practitioners working together to create viable practice communities.

For more information:

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Niwot, CO 80503
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Early registration is appreciated, space limited!

Registration: \$100 deposit payable to Awakening Truth.
Register by mail or online at www.awakeningtruth.org

The retreat is offered in the spirit of Dana (donation). The teachings are considered priceless, thus the tradition of not charging a set fee. The ongoing daily support of a Theravadan monastic is totally dependent on the lay people.

For your consideration, room and board costs are \$390—\$425 per person, double rooms.

Registration/Confirmation Form, map, and additional information will be sent three to four weeks prior to the retreat.

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Enclose \$100 deposit payable to Awakening Truth.

Name _____ Date _____
Address _____
City _____ State _____ Zip _____
Phone _____ Email: _____
Gender _____ Age _____

Are you available to help with set up or clean up? Yes ___ no ___

Have you previously attended a five day or longer silent meditation retreat? Yes ___ no ___

How would you like to receive communications? Email ___ Regular Mail ___

Register Online at
www.awakeningtruth.org
Or
Mail check and form to:

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