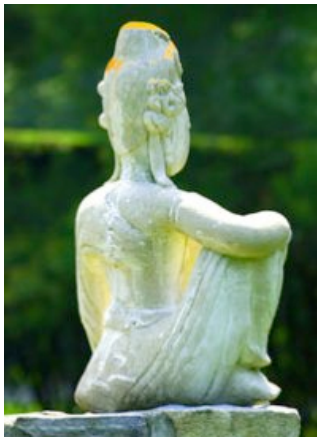


## Full Moon Meditation Vigil Into: Truthfulness

June 26, 2010  
11 AM to 12 AM and sleep over

570 Pine St., Gold Hill, CO 80302  
(Outside of Boulder)  
*More details to come.*

### About the Workshop



Insight meditation is a simple and direct practice—the moment-to-moment investigation of the mind/body process through calm and focused attention. Suffering ends with clear seeing and letting go. This daylong retreat and full moon meditation vigil we will explore Truthfulness by bringing attention to the body, feelings, mind/body processes and ways of relating to them.

### About Ajahn Thanasanti



**Ajahn Thanasanti** has meditated for over 30 years and has been a Buddhist nun for almost two decades, teaching intensive retreats internationally since 1996.

She is currently based in Colorado Springs, exploring where her vision of monastic evolution in collaboration with lay practitioners may flourish.

Space is very limited. RSVP required.

For more information or to RSVP contact Steve Jefferies text or phone (720) 987-9495 or email: [denverdharmafunx@gmail.com](mailto:denverdharmafunx@gmail.com)