

Dear dharma friends,

I'm delighted to invite you to sit with a dear friend and respected teacher, Ajahn Thanasanti, on Sunday, September 13th, from 7-9pm at the Berkeley Marina. The topic of her talk, "From Muck to Freedom in Daily Life," deeply resonates with me, as I trust it will with many of you, as well.

We'll begin the evening by sitting for 30 minutes or so. After her Dhamma talk, Ajahn Thanasanti will be in dialogue with the group through Q&A. Chanting is possible. There will be tea and light snacks.

We're very lucky to be meeting in a lovely room with a gorgeous view of San Francisco Bay. OCSC Sailing, our generous host, is located in the Berkeley Marina, adjacent to Cesar E. Chavez Park (where people fly kites on the weekend). You're welcome to bring your zafus and benches; chairs and beautiful views of SF Bay will be provided.

The evening is open to all at no charge; the teachings are offered strictly on a dana (donation) basis. Please feel free to forward this invitation to your dharma friends.

**Meditation & Dhamma Talk with Ajahn Thanasanti**

**"From Muck to Freedom in Daily Life"**

***Sunday, September 13, 2009, 7-9pm***

OCSC Sailing, 2nd floor Clubroom  
One Spinnaker Way  
Berkeley Marina  
Berkeley, CA 94710

*Co-sponsored by Awakening Truth, OCSC Sailing & Terry Mandel*

Directions are available at <http://www.ocscsailing.com/contact/directions.php>

Please contact [terrymandel@gmail.com](mailto:terrymandel@gmail.com) or call 510.528.9970 for additional information or if you would like to help with set-up, clean-up, technical support (e.g., uploading digitally recorded talks), meal dana, transportation, or other kinds of support.

**BIO**

Ajahn Thanasanti was born in California and first introduced to Buddhism in 1979. From that time she consciously committed to awakening and envisioned living her life as a nun.

In 1989 she joined Amaravati Buddhist Monastery in England, founded by Ajahn Sumedho in the lineage of the great meditation master, Ajahn Chah. In 1989 she took novice precepts and in 1991 she received Siladhara ordination.

For several years Ajahn Thanasanti was an integral part of the leadership team and guidance of the nuns' community. Since 1996 she has taught 10-day intensive meditation retreats worldwide.

In order to explore fully the possibility of realizing the vision of Awakening Truth — how monastic and lay practitioners can work together in the modern world to create viable communities for practice in the United States — she decided to let go of the formal affiliations of Amaravati and associated monastic communities in the summer of 2009.

Ajahn Thanasanti is living on faith according to the ancient principle of alms mendicancy and is currently based in Colorado Springs. Her interests are in awakening compassion, wisdom, and non-duality to integrate insight into the whole human condition.

To make donations or find additional information, please see <http://www.awakeningtruth.org>

If you are interested in offering support to Ajahn Thanasanti during her stay in the Bay Area, Sept. 6-14, please contact [terrymandel@gmail.com](mailto:terrymandel@gmail.com) for details and guidelines. She will not be offering interviews this visit.

I hope to see you at one or more of these enlightening events! Please feel free to forward this invitation to your dharma friends.

Blessings,

Terry

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Our friendship is made of being awake.  
~ Rumi  
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