

LIST OF REQUISITES FOR AJAHN THANASANTI

ITEM	Notes:	DONOR
Area Rug 10' x 15'	non-toxic material, light color	
Area Rug 8'x 10'	non-toxic material, light color	
Small Rice cooker		
Waste Baskets		
Trash Bags		
Laundry line and clothes pins		
Small Tools:		
Screw Driver regualr and Phillips		
Hammer		
Pliers		
Snow Shovel		
Glass Jars with Lids for storage		
Flash Lights		

FOOD ITEMS:	DONOR
brown rice	
quinoa	
eggs	
pecans, almonds, walnuts or pin nuts	
soups	
fresh vegetables and fresh fruit	
sea weed	
salt	